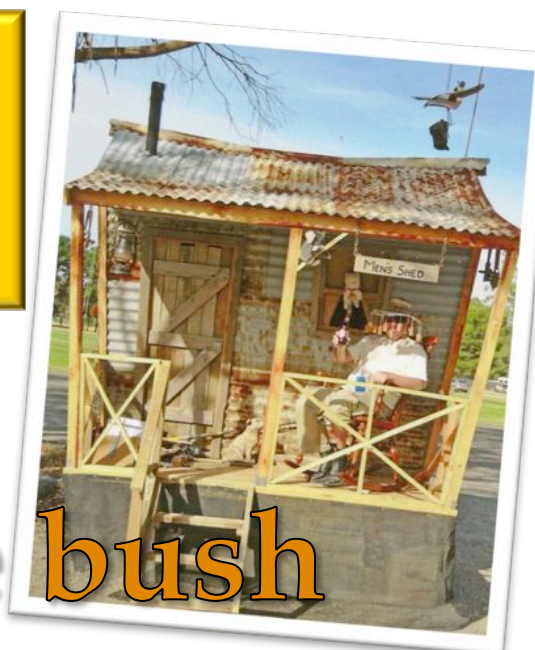




Blokes from the bush



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History

In 2012 interest was shown in the development of a Mount Pleasant Men's Shed, instigated by Bob Long; a place where people, but men in particular, could meet and socialise, and with an equipped shed, be able to conduct a hobby such as wood-working.

Barossa Council has now agreed to the site at Old Talunga Park, adjacent to the Bowling Club and Tennis/Netball Clubs. Work has been carried out at this site, clearing vegetation and assessing just what the site

can offer, and it has now had fill put in place ready for consolidation over the winter period.

The men involved are keen and energetic and have been raising funds ready for the building of a shed and provision of equipment, in order to have a regular meeting place.

In the process of planning a shed they have dismantled two, harvested forest timber and milled over 3,000 metres of timber into suitable sizing to build their 21m x 12m shed. Their aim was to have in place a slab at Old Talunga Park within the 2014-2015 year, ready for the construction of a large shed for future use by the community, however the wheels of bureaucracy turn slowly. They have continued their fundraising, whilst continuing discussions with Barossa Council with regard to their support, in a similar manner to the support given to the Barossa Men's Shed at Tanunda (which the council supported with \$23,000 in funding). Barossa Council has now agreed to support

+ Did you know?

October is Mental Health month?

more on 2

from 1

funding of \$23,000 for the Mount Pleasant Men's Shed Inc.

The knowledge from within the group is vast, and there is always an answer found to any question that arises.

Fundraising...

They made excellent sales of cut wood as firewood – good hardwood – in 2014, and have continued this venture in 2015.

They have carried out jobs for the Kindergarten and private residents, whilst working for the community collecting donations at the Farmers Market gate, and conducting a stall at the Mount Pleasant Show and the Christmas Street Party.

They have carried out restoration work at Rockleigh School, funded by the Mid-Murray Council, and this continued to end of June 2015. The second stage of the work at Rockleigh School project is now complete, at least for the actual school building, and it is hoped that this will have good community use in the future.

The group is more than willing to consider any job... nothing too big or too small.

If you wish to keep up-to-date with the latest for the Men's Shed, an annual subscription of \$35 will entitle you to a copy of the minutes from the meetings, and an Activity List of proposed events.

+ Men's Shed contact details

Chairperson – Colin Forbes t: 8568 2709

Secretary – Don Barrett t: 8568 2985

Treasurer – John Bowd t: 0417 877 216

Committee members – Barry Liddicoat, Bill Bartsch, Roger Trudgen, George Harrison, Bob Long, John MacGowan
e: mensshed.mtp@bigpond.com



Images of Rockleigh - it is with thanks to the Mid-Murray Council and their willingness to pay the Men's Shed for the work at Rockleigh that the group is in a good position to build their shed.

Membership...

Membership is open to any interested person. They meet regularly at the Mount Pleasant Bakery, who willingly allow their premises to be used for meetings, and the group welcome any new members who wish to join them in this endeavour. Your input is only as much as you are able to give, from moral support, to heavy physical work and anything in between. Those with computer skills will have a chance to use them, as will those who simply want to have a coffee, within a social atmosphere. Membership reinforces the need for such a group, so support these men in their endeavour to provide a great place for meeting, learning and fellowship.

Acknowledging the Sausage Wranglers

*on The Importance
of Sausage Sizzles to
the MP Men's Shed'*

The Membership of the Mount Pleasant Men's Shed often spends many hours working in the field raising funds for our new Shed.

We have to look carefully at what ignites a man in the middle of winter to leave the comforts of home, drive deep into the countryside over rutted roads, work for many hours in sometimes hostile conditions, listen to jibes from fellow workers, all for no reward except the camaraderie of working with mates, a job well done and the possibility of a tasty treat at smoko.

And that very welcome and tasty treat is - drumroll and fanfare - the Sausage Sizzle.

I believe that the Sausage Sizzle in under acknowledged in our new found standard of living where a skinny-soy-macchiato-latte-topped-up, has taken over from a cup of tea and the toasted-sourdough-bruschetta drizzled with virgin olive oil, has surpassed the jam sandwich. We underestimate the importance that the Sausage Sizzle holds in ensuring that people turn up for a working bee when they are made aware of the snag-on-bread with dead-horse as a small reward.

Likewise, the people who organise our Sausage Sizzles also slip under the radar and do not receive the recognition that they should. There is no doubt that organising a sausage sizzle for the troops out in the field, where there is a definite lack of facilities, should not be taken lightly. The barbie, the gas, the tongs, the cleaning materials, the onions, the bread and the snags are all essential items for a Sausage Sizzle when working off location.

Although there have been mishaps of late, such as burnt or cold snags, those issues paled into insignificance last Tuesday at Rockleigh with the non-arrival of some of the essential items. However, although there was an issue with the on time delivery of the sausage supply to our work site, the quality of the final product was excellent. And there was also the added bonus of an unending supply of an

outstanding mud-cake that ensured the saga of the snags was soon forgotten.

And so I would like to formally recognise the efforts of our two Sausage Sizzlers, Bill and Roger, and recommend that the office of 'Snag Man', or similar, be held in high esteem in the chronicles of the Mount Pleasant Men's Shed.

John MacGowan

Would-be Sausage Sizzler & full time Men's Shedder



If you or someone you know is having difficulties, here are a few links to some excellent sites, which may help:

<https://www.beyondblue.org.au>

<http://www.blackdoginstitute.org.au>

<https://www.lifeline.org.au>

or call: 13 11 14

100 years ago...

The Mount Barker Courier and Onkaparinga and Gumeracha Advertiser (SA: 1880 - 1954) Friday 8 October 1915 p 3

Mr. Mark Talbot, carrier, of **Mount Pleasant**, had the misfortune to seriously damage his motor lorry last Wednesday afternoon. He was driving with a full load up the Teatree Gully Hill, a steep incline between Houghton and Teatreeully, when the engine stopped, and when Mr. Talbot applied the brakes they failed. The lorry commenced to descend the hill, backwards, with great rapidity, and it is hard to imagine a more awkward predicament, for a deep gully on one side meant certain death if the lorry were to dash through the fence, and a high bank was the alternative on the other side of the road, while to steer the machine backwards down the long winding hill at such a speed was impossible. After a hundred yards had been traversed Mr. Talbot selected the bank of a cutting for a stopping place and ran the motor into this, with disastrous results to the machine, which was so badly smashed that Mr. Talbot fears that it will not be serviceable again. The driver was not injured but he received a severe shaking. **Mr. Talbot is a capable and careful driver**, and sympathy is expressed on all sides with him in his misfortune.



District World War I soldiers

I am currently researching the various World War 1 soldiers throughout the district. Last year I created a booklet on the soldiers listed on the Mount Pleasant Memorial Boards, and managed to add to that list, and I am now continuing the research to include those listed on the boards at Springton, Eden Valley, Palmer and Tungillo. I have photographed the various outdoor Memorials, but are there Boards elsewhere - possibly in schools, churches, or other buildings? If you know of a board that is within doors, I would appreciate a photograph, or notification of where there is one, so that I may photograph it.

I intend to create a book, which includes all the soldiers from World War 1 from the Mount Pleasant District. As part of this project, I am hoping to obtain photographs of the various men who served. If you have a photograph that I may copy, I would be interested in hearing from you. If you can assist, please contact me on phone 8568 2126 or email pleasanthistory@gmail.com.

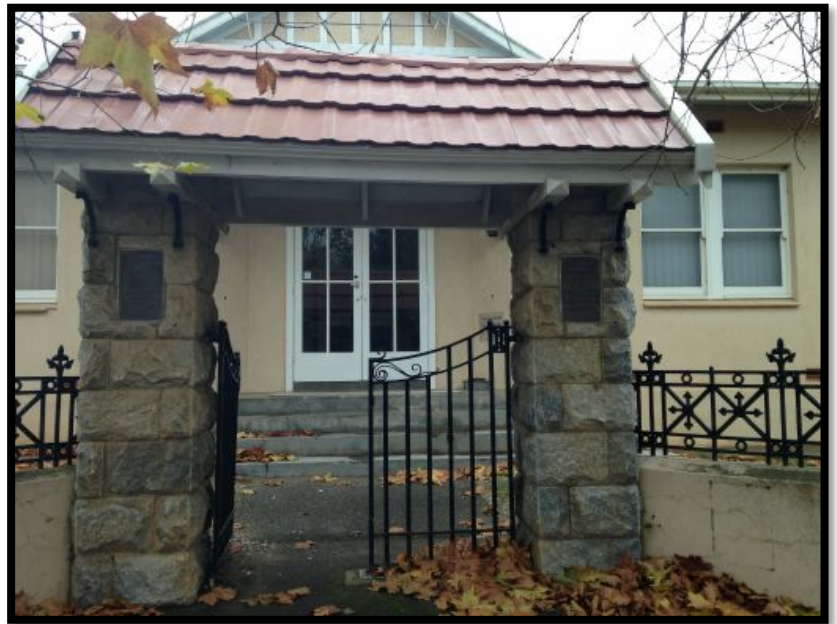
Paula Bartsch - Historian

Makers' Market

Mt Pleasant Soldiers Memorial Hall

**Saturday
4th October
9.30am - 2.00pm**

candles, jewellery, artwork,
woollens, woodwork and more



The photo is of the Eden Valley Memorial which is in front of the Hall... took me a while to find it!!! Even though it is right under your nose!!!

COMING EVENT SUNDAY 18th OCTOBER 2015

The Springton Progress Association Inc
presents our 6th annual

Spring Fair



plants
clothing
old wares
toys
books
accessories
local produce
bargains
curiosities & more!

Springton Hall & Park, Graetz Terrace, Springton
Sunday 18th October 2015 - 10 to 3pm
(Set-up from 9am)

Stall site space from \$20.00

We invite you or your group to come & join us
for this increasingly popular event.

BOOK NOW

to secure your preferred site



SITE OPTIONS

Outdoor Site only [3 x 3 metres]	\$20.00
larger outdoor sites charged in multiples of 3 x 3 metre sites	
Indoor Site only [2 x 3 metres]	\$30.00
Outdoor Powered Site	\$25.00
Trestle hire	\$10.00 ea

For further information & site bookings, please contact
Tracey Walsh 8568 1728 or Dianne Picard 8568 2709

Mount Pleasant Citizen of the Year

The Hall Committee is hoping to encourage more nominations for the Mount Pleasant Citizen of the Year awards, and have expanded the categories for 2015.

Do you know someone who deserves recognition for volunteer commitment to the Mount Pleasant Community?

The Mount Pleasant Soldiers' Memorial Hall and Main Street Committee invite nominations in the following categories, as recognition of members of our community, who do much to make our community what it is.

One award is offered in each category and will be given in recognition of those who have provided outstanding service that contributes to the advancement and welfare of the general community. This year we are asking for nominations in four categories –

- an Individual – Citizen of the Year – to be eligible, the person must have a commitment to the Mount Pleasant district
- a Young Citizen – Young Citizen of the Year – this is presented to a person, aged under 25 years as at 30th November 2015, and committed to the Mount Pleasant district
- an Event of the Year – held between 1st December 2014 and 30th November 2015 – an outstanding community event
- an Organisation or Group, committed to the betterment of the Mount Pleasant district
- Community Project – presented to an outstanding project

+ Are you interested?

If there is anyone who is interested in the future of Mt Pleasant as a tourist destination, please contact Genevieve Hebart on 0458884439.

Nominations are being sought from Volunteer, Community and Sporting groups within the Mount Pleasant district, for individuals or groups who have contributed greatly to the community, in a volunteer capacity. The award is designed to acknowledge the dedication and commitment of an individual or group, which has helped to enhance the community of Mount Pleasant.

Nominations close 30th November 2015, with awards presented at the Australia Day Breakfast in the Garden on 26th January 2016. Enquiries to Diane Anderson, Chairperson, Hall Committee on phone 08 8568 2428

A nomination form can be found on the website: mountpleasant.sa.au.

Paula Bartsch



TLG AGM

Friday, October 9th, 2015



Best AGM on your calendar
Tungkillo Hall
6:30 pm onwards, 7 pm start

Brief AGM

Supper Provided

Gold Coin Donation

Guest Speaker: Prof. Chris Daniels

Topic: Nature and Ecology of the Mt Lofty Ranges followed by audience questions, discussions and show and tell with Chris.

Bring for display: Your before and after photos of any landcare/re-vege projects to display on our big regional aerial photo to share success and promote local landcare.

More information: 0413 332 457
<http://www.communitywebs.org/TungkilloLandcare/home.php>

RSVP: October 1st 2015
Deana Mildren: deanad75@bigpond.com
Dianne Herrmann: rondenellafarm@bigpond.com

Guest Speaker: Professor Chris Daniels

Chris is an award-winning science communicator. He has regular sessions on 891 ABC Radio and has written for many popular press publishers on a range of science and environmental topics. Chris is an entertaining and captivating speaker who will appeal to all age groups.

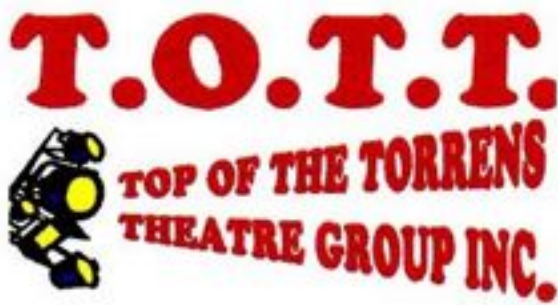
Kids

(and big kids)
Bring something interesting for Chris to identify and discuss, eg beetle, insect, cocoon, bark, snake skin, photo etc.

+ Did you know?

You can still buy a paver inscribed with your name to help pave the Atrium.

Odds & Sods



Fashion Parade

The ToTT are hosting a Fashion Parade by Marion's Boutique on Friday 16th October at 7 pm, at the Soldiers' Memorial Hall, Mount Pleasant. Check out the latest in spring and summer fashions for all ages. The cost is \$10 per person, which includes supper.

End of Year Performance

The end of year show is called **COMEDY CAPERS** It is a compilation of two very funny plays tied together by a very funny link.

The first play is 'In the Bag' by France Bartram and the second is 'Last Panto in Little Grimley' by David Tristram.

Once again, TOTT is breaking new ground in the way the two plays are linked. If you want to find out how it is done buy a Ticket and come to the show. You won't be disappointed. All shows will be at the Mt Pleasant Soldiers Memorial Hall.

Performances are in November on Friday 13th, Saturday 14th, Friday 20th, Saturday 21st, and ending with a Matinee on Sunday 22nd.

As usual Tickets will be available through stickytickets.com.au or through 8568 2496.



The East Coast Bullbars Australian Rally Championship sees Australia's best drivers compete in one of the world's most diverse, exciting and gruelling motorsports. Crews work together to battle the clock, the elements and the competition, pushed to their limits. Rallying is energetic, exciting, and action-packed as crews jump and slide to compete each stage in the shortest time.

This dynamic sport comes to Adelaide 23, 24, 25 October 2015, marking the final round of the East Coast Bullbars Australian Rally Championship and South Australian Rally Championship. Drivers will tackle the fast, challenging and picturesque roads of the Gawler, Barossa Valley and Mount Crawford Forest regions.

<http://scoutsrallysa.com.au/>



Preserving the Harvest: Bottling and Drying

With Ingrid Howell from Wilderness Vineyards Sunday 11th October 1:45 for 2pm start- 5pm Mount Pleasant Cost: \$20 / person Age 14yrs + Please bring 2 clean glass jars with lids.

Bookings: www.ticketebo.com.au/mpnrc

A practical workshop covering all you need to know to make your own delicious bottled and dried goods, using the best seasonal produce. Yummy tastings, take home recipes and samples.

Backyard Self Sufficiency

With Pam Marshall from The Self-Sufficiency Shoppe Saturday 24th October 10:15am for a 10:30am start - 12:30pm. Mount Pleasant Community Garden, Cnr Phillis St & Showground Terrace. Cost: \$15 / person. Participating children 15yrs & under \$5.

Bookings: www.ticketebo.com.au/mpnrc

Simple backyard or container vegetable growing, recycling in the garden, composting for the beginner, environmentally friendly and cost saving techniques, from 'kitchen to garden'. Making fullest use of what's in your garden - i.e. herbs, eucalyptus, etc for cooking, cleaning, herbal products, deodorising, healing, and insect repellents. Recycling and reusing in the garden. You will learn how to make & take home samples of soap-based Garden Spray, Environmentally friendly Gardeners Hand Cleanser, Ant/Insect Repellent Powder, & a selection of self-potted plants in recycled pots (indoor & outdoor). There will also be an opportunity to tour our community garden and learn about our waterwise wicking garden beds.

+ Town Banners

As a result of the Banner Workshop in early September, the 13 Christmas banners, which have been previously used in Melrose Street have been cleaned and it is planned to redesign these. Whilst cleaning, we carried out a brain-storming activity, coming up with four themes – Locale, Festivities, Environment, Community – and we intend asking the community for help in developing these banners. Put your thinking caps on and help us create some stylised designs which depict our district... a competition is planned... further details in future editions of MPBeat...

Profile: Madison Halford



My name is Madison Halford and I am currently completing year 12 at Birdwood High. I grew up on a farm in Victoria, where my mum bred racehorses, but shortly after we moved to South Australia when I was 6, my parents bought me a Shetland pony named Fairy, to see if I was interested in riding. A year later I sold Fairy and bought a Welsh pony called Nique, and we accomplished a lot over the years, but sadly I started outgrowing her and it was time for a new horse. My mother decided to breed one of our racehorses to a small Quarter Horse Stallion, expecting something small for me to move on to. In 2013 the morning of our first event together, Delilah landed on my knee and managed to hyperextend it, breaking it. So much for that idea! Later on that year when I was able to start riding we started competing and won our 3rd event. Every year after that, we placed or won every event. We only started competing 2 years ago and every year all we've ever heard from the people surrounding us is that we'll never get anywhere and that Delilah's not built right, she'll never score well or go up the

grades! Despite all that we have won one event and placed in almost every other and we're now leaving all those naysayers behind us. Delilah and I were jumping 1 star together at a training day and it was the greatest feeling in the world to know that I got Delilah there all on my own!

My biggest dream besides competing in the Olympics, is to one day ride Delilah at the Adelaide International doing 2 star! Even if we can't make it there at least I know I did the best I could, dreaming big.

This year we were selected to represent both South Australia, and Birdwood High as a part of the South Australian Interschool Team, at the event which will be held in Sydney from the 25th of September, to the 3rd of October.

I have 2 super coaches behind me. Geoff Bloomfield is my showjumping coach and mentor and a great man with a wealth of knowledge who has taken me under his wing, and has me riding his horses.

My dressage coach is Sally Engelhardt, and I feel so lucky to have been given these opportunities.



October events and meetings

+ **Mental Health month**

Mo	Tu	We	Th	Fr	Sa	Su
			1	2	3 8-12: MP Farmers Market 9.30-2: Makers' Market	4 9.30-12: MP Pony Club Rally 2pm: MP/ Springton CC: Springton Oval
5	6 1.30pm: CWA Day SM Hall 6.30pm: CWA Night SM Hall 7.00: CFS Training	7	8 5.30: MP/ Springton CC Springton Oval	9 11-2: Art Group MPNRC 6.30: Tungkillo Landcare AGM	10 8-12: MP Farmers Market	11 All day: MP Pony Club Cross Training
12	13 7.00pm: RSL social CFS Training	14 9.30am: Men's Shed (Bakery)	15	16 7pm: ToTT Fashion Parade SM Hall	17 8-12: MP Farmers Market	18 Springton Spring Fair
19	20 7.00: CFS Training	21	22	23 11-2: Art Group MPNRC Rally SA	24 NO MP Farmers Market today Rally SA	25 5.00pm: RSL Meeting 6.00pm: Community Dinner Rally SA
26 7.30: MP Hall & Main Street Committee mtg History Rm Hall	27 Newsletter deadline 7.00: CFS Training	28 9.30am: Men's Shed (Bakery)	29	30	31 Newsletter 8-12: MP Farmers Market	

+ Contributions:

If you would like your community event or meeting added to the calendar (to be published at the end of the month for the next month), or you would like to make a contribution in any way (writing, compiling, photographing, distributing), please contact us. Details below.



+ Find us on the web:

<http://mountpleasant.sa.au>

Fan of Facebook or instagram? See:

Mount Pleasant Shines

#mountpleasantshines

#mountpleasantmarket

#mountpleasantshines3daysinapril



Thank You

Proudly sponsored by Landmark Real Estate, Mount Pleasant.

And thank you also to those businesses that have agreed to give them out.



If you would like to receive this newsletter, and / or notifications of other special community events,

please contact us via-

t: 0403012339 or

e: mountpleasantshines@gmail.com