



2018 AUSTRALIA DAY Community Awards

Our 20th Australia Day Celebration was held in ideal conditions – the weather Gods were kind enough to have given us a cool overnight, so that breakfast was eaten and the awards were given in relative comfort.

This year we were joined by the Choir – led by Ken Seiben – which was a great treat, and it seems no Mount Pleasant event is complete without them.

We were pleased to receive some very worthy nominations this year – including some juniors, something which has been lacking in the last few years – and not because of a dearth of worthy recipients. We therefore thank those who put pen to paper and let us know of the great things being achieved by members of our community.

Nominations:

Community Recognition -

1. **Bradley Jamieson** for his service to the CFS. From an early age has contributed and now mentors and guides younger participants and those less experienced than he. His CFS commitment also means that he is involved in local community events at the Farmers' Market, Australia Day (flag raising), Anzac Dawn Ceremony and Bushfire Awareness.

2. **Karen Jamieson** for her support of Bradley and his ambitions. She is a committed CFS member assisting as the Brigade Catering Co-ordinator; cooking, preparing and supplying food for those who are involved at the road-side or fire front, and following up with the clean up of the kitchen and refurbishment of the trucks ready for the next job.

3. **Sue Shaw** for her commitment to rescuing injured birds and animals and creatures great and small; anything from birds of all varieties with wing and limb injuries, kangaroos, lizards, echidnas and koalas.

4. **Malcolm King** for his commitment to the Lions Club.



L to R: Kayla Starkey & Sue Barrett, Bradley & Karen Jamieson, Malcolm King and Sue Shaw.



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+ Coming events

March:
Our Show!
Twilight Market
Community Dinner

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Awards:

Recipient of the **Mount Pleasant Gem (Junior) Award** was **Kayla Starkey**. Kayla is a Show Committee member, Next Gen Agricultural Committee member, Show judge in cooking and sheep, Junior Rural Ambassador, 3rd in National Merino Sheep judging, Judge at Bendigo Merino Sheep Day, studying in her final year of an Agricultural Degree with the aim to teach in country regions, Judges throughout SA country towns, has been awarded a trip to Tasmania for Agricultural teachers, assists in the management of 6th generation Polworth Hillview Merino Stud property and is involved with tennis, table tennis and netball at MTP.

Recipient of the **Mount Pleasant Gold (Senior) Award** was **Sue Barrett**. Sue funds, edits and compiles the MP Beat on a monthly basis, with editorials, photos, canvassing of opinions and advertising of local events. This newsletter is also distributed by Sue. She's a member of the Night Ladies Community Dinner group, as kitchen hand, raffle prize helper and conducts surveys on local issues. Supports TOTT, RSL, History Room and all local events, such as the Street Party, with designing of advertising flyers and material and will even re-design if she sees the need to add love and attention. Sue was an inaugural member of the MPI, is a Street Party committee member and is vocal on local issues, even conducting a sausage sizzle to canvas opinion if she sees the need. She is unofficial photographer and promoter of all things in the district, with a large display window currently in front of her home. Congratulations to all our recipients. They are all well deserved of recognition. The former nominations are eligible for re-nomination for the future, with Kayla and Sue being the 'winners'.

Paula Bartsch

There are some within our community who think our major events just 'happen', that sometime during the night, the event fairies visit and work their magic. Nope – not even close. There is a core group of volunteers who are responsible for much of what you see, and even though some of them have been acknowledged either through community awards or this newsletter, it doesn't hurt to remind us all again, just who they are, and what they do.

The group which was responsible for organising this year's event included the usual suspects – Bill & Barb Tapscott, Paula & Bill Bartsch, Michael & Margaret Seager, Kath & Les Fisher, Chris Birrell, David Kroehn, Nicole Pocock, Danny & Donna Pauley, and probably a few others. We thank them for their continued enthusiasm and support, because they seem to do it effortlessly, with a smile on their faces – and they make a difference. It was a great morning, and we look forward to next year's event. Grateful thanks also to our magnificent MP Choir and the members of the CFS, who apart from their normal 'jobs', are always on hand for the Flag Raising ceremony.



Kath & Les lend Michael a hand to sort out the bunting. Important tip – make sure whoever has borrowed it last, puts it away properly!

We thought we had enough tables – but needed more!

Congratulations Cassie!



Inspirational individuals and organisations have been honoured in the Barossa Council's Australia Day Awards. Young Citizen of the Year is Cassandra Barker (Priest) of Mount Pleasant, who has used her talents to advance rural causes in her local community.

The Barossa Council Mayor Bob Sloane congratulated both the winners and nominees and acknowledged their outstanding service.

Well Done, Cassie!







Loving Lily

Lily was the family dog – and by family – I mean she was actually my sister's dog, but we all claimed her.

Lily was a Dalmation, thick as two short planks, a garbage bin on legs, and we all loved her to bits. She had the gentlest nature and in her final days we all grieved with Mandy and her family.

Her gastronomic exploits were legendary – and even now people don't believe us when we tell them what she got up to. Her food thieving ninja skills were unparalleled.

She was originally bought as a companion for my niece Alex, and her lifelong addiction to anything even remotely food related started early. David (Mandy's husband) is a fisher, and had left an esky full of ice and live yabbies outside the back door while he unpacked the rest of the car. When he went to get them – they were all gone, and Lily looked suspiciously full. She'd eaten everything.

Mandy often had to drive to Mount Gambier to pick things up for their business, and every time she went, she had to bring back KFC – as David was a huge fan.

You can see where this is going, can't you? Mandy put the big bucket of Spicy KFC high on the raised kitchen counter – and started unloading the car – which was parked about two steps from the kitchen door, and four more from the counter. Lily in stealth mode had grabbed the whole bucket and polished everything off by the time Mandy realized it wasn't where she'd put it.

Another time it was an entire packet of snail bait – the vet thought it was a miracle she survived.

The one that really broke David though was the prized 5 foot stick of Steiny's Mettwurst. All he found was the little bit of string that was used to hang it up.

They now have Rex – the wonder dog – a dog that had been ill-treated and who just needed a kind and loving home, and who continues to battle through a few major health scares. Rex rewards them daily with blind devotion and an addiction to pats, and by being the most placid of companions.

So many of us are lucky to have love in our lives – either two or four footed – and the beneficial effects of those relationships cannot be overstated. Those who for whatever reason are not touched by love may search for years and never find it, but will still find warmth and companionship within their communities, and a friendly and welcoming town is a good start.

So when St Valentine's Day rolls around, let's celebrate those wonderful ties, those weirdly satisfying relationships that make the world go around for us, that remind us that we feel, and can love and be loved. And for those who mourn lost loves, we feel your loss and hope that the great memories you built together will sustain and console you.

Sue Barrett

School for Scandal



The beautiful surrounds of Rosebank Homestead were the setting for Blue Sky Theatre's production of 'School for Scandal' – one of those timeless pieces that never fails to please. Sheridan's comedy about gossip and true love was enjoyed by a large and appreciative crowd,


and performed with gusto by members of Blue Sky Theatre. The audience could choose to take a picnic, or order one to be picked up there. The event was held in conjunction with Open Gardens.



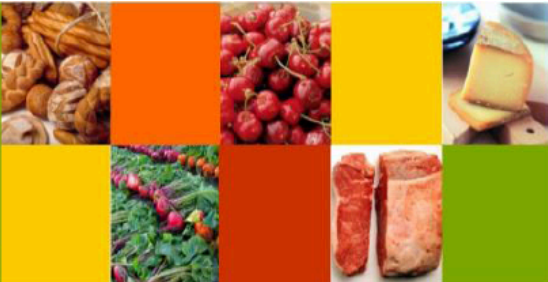
Clockwise from top left: Lily with my niece, Alex. #3 son with Spud – our now 18 year old cat, and Rex – who happily consented to being buried on the beach by the kids, one Christmas.

*Congratulations to **Erin Mackay**, who won the **Farmers' Market Photo comp**, with her photo of two rescue pups. (below) Check out more great shots on the **Farmer's Market Facebook page**.*





**Mount Pleasant
FARMERS MARKET**



**Mount Pleasant
Farmers Market Inc**

132 Melrose St,
Mount Pleasant
South Australia 5235

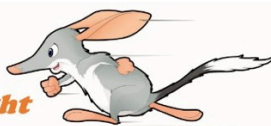
Phone: 0418 301 121
Fax: 08 8568 2699
Email: managermpfm@bigpond.com
Web: www.mpfm.org.au

Market aims to be Plastic Bag Free by 2019

The Management Board has taken the initiative to aim for a plastic free market in 2019. Market Chairperson Helen Swincer said "The decision to aim for a plastic bag free market was easy, but to implement it may take some time, hence giving our stallholders and customers a chance to get accustomed to the change 12 months out." Look for subtle changes at the market, with education they key to success. The market has for sale fabric material produce bags – 5 bags for only \$8. They are washable and re-usable, or you can make your own! You can also look out for Boomerang bags, who are at the market intermittently with their FREE bags made out of recycled fabric – borrow and bring them back!

Did you also know that you can bring in your own containers and stallholders can fill? Bring a clean, re-usable plastic container from home and it can be filled with delicious sushi from Jo's Sushi, or with a vanilla slice from Tracey's Country Kitchen – it's that easy!

Race into the
MT. PLEASANT
Easter Twilight
FARMERS MARKET!



THURSDAY 29 MARCH, 2018



Market membership:
Still only \$50 for 12 months!





Royal & Ancient Order of Thong Throwing

..or the MPMS throws out the challenge to the BBL

We have all heard of BBL as it invades our televisions and the rowdy fans sit and watch from the stands with buckets on their heads, presumably to avoid being clocked by a wayward '6' heading for the stands; or act as an umbrella when the over lubricated enthusiast behind you loses control of the cardboard beer carrier as he attempts to keep his balance while lunging to catch the '6'.

Now, as the TTL – the Thong Throwing League – looms into focus, soon to take centre stage from BBL, we must take stock on the origins of this footwear favourite.

Although the humble thong has been the preferred summer footwear for true Aussies for years, it has its origins in our Asian neighbours.

Whether out on the worksite or, later, having a cold beer in the local after work, our Australian slang recognises the Japanese riding boot, the Chinese steel-cap or the Maori moonboot.

Is it time to reset the fundamental assumption on what our sporting prowess is built? Are our sporting champions still holding the trophies high at Wimbledon, at Lords, in the pool, at the crease or on the court? What has happened to our Aussie sporting heroes? We need a new hero to rise from the 'ashes' like a phoenix, standing on the dais with head bowed to the strains of Advance Australia Fair and holding the thong high.

Australians need to take our Thong Throwing prowess to the world. Thong Throwers of Australia UNITE. Thongs are part of Australia's make-up. Come rain, come shine, we all wear them. From Karijini to Kangaroo Island, from the Tiwi Islands to Tasmania, thongs are worn seven days a week. The Thong is an Aussie icon.

Are we able and can we get serious about taking Thong Throwing to the Olympics? Let's make it a local project ... start off small with the Commonwealth Games, then the Olympics. There is an election coming up soon – let's put Thong Throwing on the front page. What about a 'Thong-selfie' with your local polliwog?

TTL can be played at home, in the garden, with the



neighbours, in the park, in the lounge room, the kitchen, or even the bedroom. Set up a challenge with your partner – put marks on the wall as you did with recording the height of the kids' as they grew. Bring TTL into your life.

Mount Pleasant Men's Shed members took the bull by the horns - or the thong by the straps - and ran Mount Pleasant's inaugural Thong Throwing competition at the Mount Pleasant Twilight Farmers Market on the eve of Australia Day, Thursday 25 January. Competition was fierce, with all entrants receiving that Aussie favourite, a lamington, just for having a go, participating. We give no countenance to the comment that many Men's Shed members took part in the competition only to snaffle a lamington.



Bill Bartsch stepped up to the throwing line with a thong in hand. One of the referees, Hartley Ramm checked the thong size and ruled that Bill was holding a child size 3 thong when his shoe size was 9. It appeared the thong may have belonged to one of his grandsons, either Jesse or Walter.



This contravened Rule #3 of the RAOTTR (Royal and Ancient Order of Thong Throwing Rules), which requires that the thong must be of a corresponding size to the competitor's foot. To make amends, both boys were given a

lamington each plus two free throws.

The secondary purpose for the Mount Pleasant Men's Shed members at the Twilight Market was the provision of their renowned Gourmet Steakburgers for market-goers. However, Thong Throwing seemed to take precedence and a challenge set between Murray Henderson and Roger Trudgen had them frequently sneaking away from the BBQ plate, leaving George Harrison and Kim Yap to keep the Gourmet Burgers served up to our clamouring customers. Again, I believe that the lamingtons played a part in the frequent absence of Murray and Roger from the BBQ plate.

The throwing field was marked by orange markers every 12.5 metres. John Bowd, who holds many positions in the Men's Shed, took on the added responsibility of handicapper. John believed that his experience with mustering sheep and cows put him in good stead for the position. However, giving Market Manager, Terese, a 10 metre handicap was over-ruled when Terese threw her thong 40 metres, left-handed. Although her throw was disregarded, she was given a lamington for taking part. Our local member, Stephan Knoll, who also had a stall at the market told his assistant, Courtney, that he was heading

THONG ON
get your thongs on

...on Pollies & Thongs



out to buy a snack; but no, Stephan wanted to throw a thong and receive a lamington! So popular was the event, it has been rumoured that the TTL spectacular at the Mount Pleasant Twilight Farmers Market may have threatened numbers attending the BBL at Adelaide Oval.

Then again, just like the Australian Open, all battles must result in a winner and the 2018 Thong Thrower Title with accompanying Trophy was taken out by young William Thomas with a mighty throw of 38 metres. Backed up by his enthusiastic cheer squad, sisters Madeline and Amelia, pound for pound I reckon William would give Federer a run for his money in TTL.



The fence is up, air-conditioning installed – and the kitchen goes in tomorrow – it's all happening!

February, 2018

The Men's Shed will be opening in February – if you want to see what's on offer – please contact Secretary, Don Barrett on 0400019586, or email donrb@bigpond.net.au or go to the Facebook page. All welcome.



Who's turning
65 on 1st Feb?



Don Barrett – that's who!

Happy Birthday



Men's barber style haircuts \$25.00 ring 0448566070



To Kath and David Fisher for removing the bulk of the ribbons from the trees after Australia Day.

Also a big Thank You to Michelle Vivian and friends for removing those around their street – it is much appreciated.

Pete's Poems

Pete was feeling especially prolific this month, and philosophised much on Australia Day – and what it means to him.

It's Australia Day

It's Australia Day, time to pause and reflect
On themes like equality, and mutual respect.
This week came an email, which made me quite sad,
But when the sadness abated, I was left hopping mad.

"I used to like my country" the preamble went,
It went on and on, 'til my patience was spent.
Last Australia Day, we spent with good friends,
And fell to discussing some changes, and trends.

All but two of our group, were born far away,
But the came here by choice, and determined to stay.
One wore a t-shirt with a message, believe it,
'Australia, My Country, Love It or Leave It.'

To those who criticise, accuse and complain,
Perhaps you should pause, and consider again.
Our land is not perfect, that's something we know,
But our foreign born Aussies help us to grow.

If you've travelled you'll know, Oz can stand tall,
There's nowhere that's better, nowhere at all.
We still offer hope, a far better life,
Free from wars, free from conflict, a wonderful life!

You still live your dreams in this wide, brown land,
We are still moving forward, so just lend your hand.
We can change what needs changing, I know that is true
With the courage and loyalty of people like you.

So I urge with a passion, these things I believe
Australia – Amazing - so love it or leave.

Our National Day

Our national day has come around, and I'm pausing to reflect,
I can look back on a fortunate life, but who knows what to expect?

I have been extremely fortunate, though at times I just didn't know,
How truly privileged I have been, how Australia allowed me to grow.

I have welcomed all our migrants, how much they've enriched our lives.
They gave us pasta and pizza, and a smorgasbord of wives.

My darling, delightful partner, it's no matter where she came from,
It happens, she's a Cheshire Cat, just one more Ten Pound Pom!

What courage, what hopes they come with, how much they've left behind.
Across the globe to a new world, not knowing what they might find.

So Aussies born, and Aussies by choice, be tolerant, welcoming, kind.
All of us are newcomers here, try to keep that in mind.

Pete –
The Peripatetic Poet



Dance, anyone?



Feel like a dance – got a wedding or formal event coming up? It seems there are a few people in town who do! During the Street Party we received several enquiries as to the availability of Dancing lessons in the town, so we asked our resident Strictly Ballroom couple – Bill and Barb Tapscott, what were the chances of setting some up. Bill and Barb are very keen to offer dancing lessons to interested people – they teach all forms including Modern, and Latin. If you'd like to express your interest, please contact them, they'd love to hear from you.

Tel: 85682160 or Email: billbarbtap@bigpond.com

Bill and Barb were featured in issue 19 of the Newsletter – Jan '17



Although the tour only came as far as Talunga Park before detouring, some of us were out with camera in hand for the twenty seconds it took for the peloton to rush past. Later we were surprised to see race officials come to a halt in town – it seemed

for a much needed toilet and coffee stop! The queue for the toilets was extensive and we opened the Hall toilets to ease the congestion!



February, 2018

From the Library:



Need help with technology?

Free one-to-one
Digital learning sessions
10am-12pm
2pm-4pm
Fridays @ Nuriootpa Library
Bookings essential:
Tel 85638440



Library Lovers' Day, 14 February 2018

Celebrate #libraryloversday—get social and spread the #librarylove with your social media posts during February and get the love trending..

THE GREAT AUSTRALIAN BAKE OFF HAS CAPTURED THE HEARTS AND TASTE BUDS OF AMATEUR BAKERS ACROSS THE NATION.

WE'RE LOOKING FOR THE FINEST HOME BAKERS TO TAKE PART IN THE NEXT SERIES!



ARE YOU PASSIONATE ABOUT YOUR PASTRY? DOES YOUR SPONGE RISE TO THE CHALLENGE? From biscuits to bread, pies to pavlova are you ready to step into The Bake Off Shed, throw on your apron and have your cakes judged by two of Australia's beloved culinary icons?

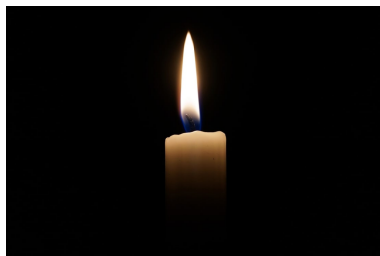


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Remembering - Rosemary



Rosemary Wilson was a ray of sunshine, yellow as her little car, which I still expect to pull up and stop in front of our shops. We'd sit in the cane chairs and watch the world pass us by. "This is the life", she said, but unexpectedly her life ended, and this was the last time I was to see her alive. She had lived in Mount Pleasant for the pas

five years, which were the best years of her life. I had only known her for a short time, but it felt as if I'd known her for years.

Rosemary was a warm, kind hearted soul who was always willing to help out where she could - from driving 95 year old Ellen to appointments, to cooking treats for the LinkSA bus drivers on the Mount Pleasant run, who had become dear friends.

I cannot imagine the sadness and heartache her partner and soulmate David must be feeling over his tragic loss. She will be sadly missed. Thank you Rosemary, for the love and kindness you bestowed upon us all for we were truly blessed to meet you. Now you take care, dear friend, until we met again.

John Cussadia



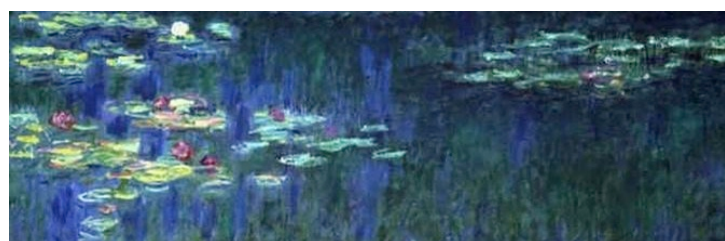
The Mount Pleasant Street Party Group would also like to join in with John in expressing our deep regret at Rosemary's passing.

She had enthusiastically attended a few meetings and

would have been a great help on the day, but it was not to be.

Our sympathies go to David, to those she loved, and who loved her.

MP Street Party Group



February, 2018



MP - 175 years in 2018 !

We will be celebrating Mount Pleasant's 175th Birthday this year. With several significant town buildings also celebrating milestones, we are interested in hearing if any organisations or individuals have any ideas or suggestions about how we may mark these events.

Please contact Paula:

e - info@mountpleasant.sa.au or

t - 85682126

The '175 Recipes' Project

Don't forget to send Paula your recipes for the '175 Recipes' Book!

info@mountpleasant.sa.au

We've had a great response so far, and we're looking forward to hearing your stories and trying the results. We'd like to have them in as soon as possible so we can collate and print them.



Pleasant Painters

Mount Pleasant Art Group invites you
to enjoy a year full of
creativity, friendship & relaxation

Held on 2nd & 4th Friday of the month at 10am
Mount Pleasant Library, 130 Melrose St, Mount Pleasant

Express yourself through various art mediums and
techniques, in a positive environment
No previous training required, all welcome

For further enquiries please call Julie or Debbie at the
Barossa Library & Council Office at
Mount Pleasant on 8563 8304. Leave your
contact details and email address for a copy
of our schedule for 2018.





the power of humanity



Throughout the decades, the **Australian Red Cross** has been there to help people in need and this valuable service continues to this day.

The Mt Pleasant Branch of the **Australian Red Cross** this year celebrates 79 years of service to our community.

Gardening Australia presenter Sophie Thomson has been a regular guest at the Glen Devon Garden Party for over 20 years, and she will again be on hand to lend her wit and wisdom to the occasion. We invite you to come along and enjoy this wonderful event with us.



Glen Devon Garden Party

10am Tuesday, 13th February \$6 donation
Devonshire Morning Tea, Trading Table & Raffle.
Part of the 175 Years of settlement celebrations.



An evening with MAGGIE BEER



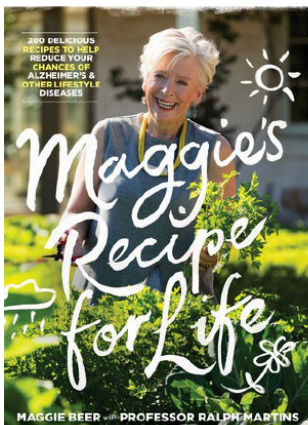
and her new book, *Maggie's Recipe for Life*

Thursday 8 February — 6pm for 6.30pm start
Peter Lehmann Wines Cellar Door
Para Road, Tanunda
Cost \$10 - includes supper, tea & coffee
Wine available to purchase by the glass

Join us for the Barossa launch of Maggie's latest book, *Maggie's Recipe for Life* which includes 200 delicious recipes to help protect our brains against the chances of Alzheimer's and other lifestyle diseases. Maggie has been delighted to work with leading Alzheimer's researcher Professor Ralph Martins in recent years who co-authored this book. And what is Maggie's recipe for life? To have a healthy attitude to eating - it's all about balance, variety and choosing foods that give you the best chance of being in good health now and into your future. But this book isn't for old people, it's for all of us who are looking to improve our health by eating good, nutritious foods. This is not a diet book - it's a way of life.

Book sale proceeds will be shared between the Maggie Beer Foundation and the Lions Alzheimer's Foundation.

Bookings essential - Phone the library 8563 8440
or email library@barossa.sa.gov.au



Join us for our Summer weekend dinner event - **Feb 3rd**. Enjoy a glass of our award winning wines on arrival with grazing boards of seasonal, local foods to start. Come together with other guests around a communal table and share a meal of spit-roasted pork and chicken, salads and sides. Ticket price includes a glass of Elysian Springs wine on arrival and your meal. Additional drinks available for purchase.

What's on in February...

Community Association

A meeting will be held in the SM Hall at 1pm on the 22nd Feb to discuss the re-activation of the MP Community Association, with a view to holding regular meetings and possibly amending the constitution – if needed - on April 26th.

Welcome to all who are interested in joining this group, to ensure that important community events continue to play a part in our district.



First for 2018!

Events

Date	Event	Details
3 rd Feb	Elysian Springs event	Elysian Springs Winery – Springton Road
3 rd Feb	Totness Mill Boutique Market	Totness Mill
13 th Feb	Red Cross Garden Party	Glen Devon, Glen Devon Road
14 th Feb	Men's Shed Opening	By invitation
25 th Feb	Community Dinners return!	25 th February @ Talunga Park Pavilion

Meetings

+ Check the website for more:
www.mountpleasant.sa.au

Committee / Group / Organisation	Details
CFS Training	Every Tuesday @ 7pm
CWA	1 st Tuesday, 1.30pm @ Soldiers' Memorial Hall
Community Dinners Group	1 st Tuesday, 6.30pm @ Mt Pleasant Hotel Motel
Friends of the Mount Pleasant Hospital	10am, 2 nd Tuesday
Men's Shed	9.30am, alternate Wednesdays @ The Men's Shed
MP District History	1-4pm, every Thursday @ History Room, SM Hall
MP Farmer's Market	8-12, every Saturday @ Talunga Park
MP Inc	6.30pm, 2 nd Tuesday @ MPNRC
MP Show Society	2 nd Monday
MP Table Tennis	7.30pm, every Wednesday @ BHS Gym
Playgroup	9.30-11.30am, every Friday @ MP Kindy
Pleasant Painters	10-2, 2 nd & 4 th Friday @ MP Library
Red Cross	1.30pm, 4 th Thursday @ SM Hall
RSL	2 nd Tuesday Social gathering
RSL	Alternate month, last Sunday - Bi-Monthly meeting
SM Hall VAC	7.30pm, 4 th Monday @ SM Hall
Talunga Park VAC	1 st Monday @ Talunga Park
Writer's Group	Please email: mrdonblataceaser@gmail.com



Thank you:

Thank you to those businesses that have agreed to distribute the newsletters.

Editors:
Sue Barrett &
Paula Bartsch



+ Contact us:

If you wish to be notified when the newsletter is available online, please contact us via -
t: 0403012339 or
e: info@mountpleasant.sa.au
mountpleasant.sa.au or
mpbeat

